

# What to Wear and Not to Wear

Packing list & Daily What to Wear list are at [travelerjourneys.life](http://travelerjourneys.life).

## WOMEN

Modesty is important. Dress appropriately for warm weather and churches.

## MEN



Golf-type attire is perfect (no tank tops)! You will need to take your hat off in churches, but men don't have to cover your knees. Bring hat & light jacket.

Comfortable walking shoes are the most important clothing item! Break new shoes in before traveling. You will need closed-toe trail shoes for the Sinai hike and water sandals or some type that can get wet for several activities.



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Sleeveless & slightly above the knee is OK for daily wear except you will need to cover shoulders and knees in churches and some other places (scarf or sweater). Short shorts, anything tight or revealing, and gym clothes are not appropriate except on hike/swim days. Denim is ok. You will need swimwear & a light jacket. Wear a hat! Lightweight & breathable clothing is best.

