



HaYesod, the Foundation, is a 10-week study developed by First Fruits of Zion, a Messianic Jewish organization based in Jerusalem. In video format with a workbook, “HaYesod has been used successfully for many years by individuals and congregational leaders to learn and teach about the Jewishness of Jesus and the Jewish foundation of Christianity.”

12 of our 2022 Israel group completed this study and it was excellent preparation for our time in Israel.

FFOZ has updated the program and it will be available this Fall. Workbooks are estimated to cost \$10. You can start a study group, view it online, or join an existing group to prepare for your own trip.