

TODAY'S TOPIC: Food



Schwarma, schnitzel, or falafel for lunch!

Best hummus!



In Egypt, we must be careful what we consume! We will talk about this.



Quiz: Do Israeli Jews eat this? Will you? Let me know!



Israeli coffee is amazing but who will find a Starbucks?

Water bottles are available on all busses!



FOOD!
Food fuels our days and you will find so much variety in every country!
Whether you want to just eat familiar American-type foods, explore local cuisine, have dietary restrictions, or want to stick to salads, you will find an amazing array of options everywhere we go. Mediterranean food is delicious & healthy! Desserts are plentiful and many are made without milk – try to guess which ones! Lunch is a quick stop (your expense) during our days, but breakfast & dinner are abundant buffet offerings & included. Take snacks from breakfast if you wish. Beer/wine is available but is not included.



You can take spices & foods from Israeli markets home!!

These updates are posted in the Registered Travelers section of our website.

Password is **godisgood**.